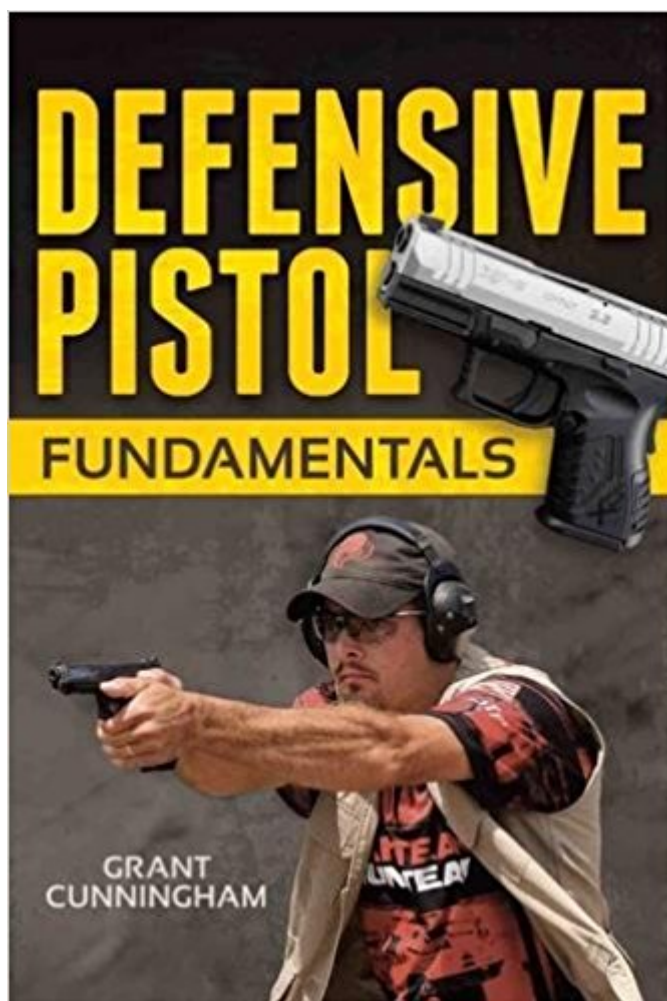




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Defensive Pistol Fundamentals



Synopsis

Real handgun shooting skills to solve real problems! Defensive Pistol Fundamentals helps you learn the best, most efficient ways to defend your life, or the lives of your loved ones, with a legally carried pistol. Learn not only what you need to do, but why and how. How to defend yourself from a violent, surprise attack. Dealing with more than one aggressor. How the body's natural reactions affect how you should train. The process of subconscious decision making. The real effects of "stress" on performance. And much, much more! Based on the latest research and quantum leaps in our understanding of how the brain processes information, this book helps you take your concealed carry and handgun shooting know-how to the next level. Defensive Pistol Fundamentals is your authoritative source for the information you need to keep yourself and your loved ones safe!

Book Information

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Customer Reviews

Grant Cunningham is a renowned author and teacher specializing in personal security and defensive shooting, emphasizing "real skills, for real people, living real lives." Known for his style, Grant teaches frequently at locations around the U.S.

In this new book, a companion piece to his two books on revolvers, Mr. Cunningham surprisingly disparages the wheelgun along with the .38 SPL cartridge for serious defensive work, while oddly OK'g the .380 auto, to which I would strongly disagree. With Smith & Wesson continuing to sell scads of .38 SPL J-Frame revolvers year after year, it would suggest to me that many others, police

and civilian, don't share his viewpoint. With that being said, all of his remaining advice on real world training makes eminent sense, regardless of your choice of defensive handgun. Loaded with black and white photographs to illustrate his points more clearly, written only two years ago, Defensive Pistol Fundamentals is current by any standards, and sets out an important training regimen clearly and effectively. Some interesting tidbits include the author's research that proves the .45ACP is just on par with the .40 S&W and 9mm Para - when compared with real life results from defensive shootings - an opinion that will gain no traction with the disciples of John Moses Browning. Carefully read, though, his argument actually makes perfect sense, and for those who are not of the 1911 persuasion for concealed carry due to smaller body and hand size or strength, his recommendation to consider the Glock pistol in its 9mm permutations dovetails exactly with pistolero Mas Ayoob's long time suggestions. Cunningham's writing reads like a good friend's teachings, both conversational and easy to understand, but much of what he says will have you thinking later to yourself, "why didn't I think of that before?" Easily one of the best books on the defensive mindset extant, it is worth reading for that angle alone, and I especially like the fact that he deliberately eschews the "tactical" approach favored by some self-styled experts, which might sell their books but won't save your life. This new book by Grant Cunningham might just do so, just like his Defensive Revolver Fundamentals could. His chapters on mindset and the speed of most assaults will give any reader pause to stop and reflect - it certainly did so for me. Read this with Mas Ayoob's Stress-Fire series, and take either authors' live course if possible for a complete training experience. Remember, shoot the gun and caliber that you shoot best is the best possible advice.

Grant Cunningham is not somebody selling "tactical operator" fantasies. He's a respected trainer whose focus is civilians who want to be able to use a firearm safely, legally and effectively if necessary against common criminal attacks. The book is well-organized, based on the latest research on human reactions under stress, and isn't afraid to kill sacred cows and lazy thinking. I've accumulated dozens of gun books over the years and I think this is the best choice for the novice defensive handgun owner.

I've not read many shooter training books but I have been in training for most of my life and can say that this text is an excellent example of superb teaching skill and experience. I will be employing these techniques immediately to improve my defensive handgun shooting. Highly recommended for those who desire to refine their defensive shooting skill into a real life asset. Superb!

My very favorite pistol shooting book. This one puts it all together for all the "regular" shooters out there. This book is not a strictly a front sight focus only approach. May not make you punch smaller holes in your target at the range. However, read seriously it just might save you and any loved one's lives. Serious subject done right IMHO.

I highly recommend this book (and other Cunningham books) Good common sense defensive firearms fundamentals and advice. The only reason I gave this book five stars is because there is no six star rating. If you have a handgun that you use for defense, get this book! Its not all wacko "tactical" with "operators" and its not full of military stuff. It is the best practical defensive pistol book I have read, and you should read it too!

good read, it should be required reading for a permit

Well written, very informative, and a real education on a subject somewhat new to me. Probably the best primer for the responsible armed citizen you're going to find. Offers a sort of holistic, integrated approach to self defense with a pistol - training for making the safest decisions and according to the body's natural responses. In other words, training realistically for the most typical self defense scenarios. No tartard or macho nonsense. Wish I could take some courses from Cunningham and Pincus.

Awesome read!

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